



PE Strategy 2017 -2018

Lent Rise School's PE Action Plan	
Headteacher name:	Jill Watson
Chair of Governors name:	Maggie Young
Date last reviewed:	September 2018
Date of next review:	December 2018

PE Profile 2017-18	
Number of eligible pupils:	443
Amount per pupil:	£
Total pupil premium budget:	£19880

Barriers to Learning	
Access to and lack of facilities and equipment.	
Crowded curriculum and timetable. Short session for access to hall.	
Gender stereotyping of certain activities.	
Perceptions of the value of PE and its role in the wider curriculum. Priority of other subjects.	
Access to competitions, either within school (inter-house) or outside of school.	
Confidence of teaching in staff in PE, including training and staff development.	
Previous personal school experiences and attitudes towards PE.	

Lack of student engagement, through a dislike of PE or a feeling of being unable to access PE activities taught.

Low fitness level, or low motivation.

G&T and HA students taking control in games and matches.

Executive Summary

Sport Funding Information 2017-18

The PE and sport premium must be used to fund additional and sustainable improvements to the provision of PE and sport, for the benefit of primary-aged pupils. This is aimed to encourage the development of healthy, active lifestyles, combatting physical inactivity, increasing parental engagement and ensuring PE is fully inclusive to all children. The amount of funding received has increased for the academic year 2017-18, with schools receiving funding based on the number of pupils on roll. Schools with 17 or more pupils on roll will receive £16,000 and an additional payment of £10 per pupil. Lent Rise School will receive £16,000 plus an additional £4030 (£10 x 443 pupils on roll), making a total of £20,430. The Government will publish the school level breakdown of funding for the academic year 2017 to 2018, including conditions of grant, in October 2017.

Sports Premium Funding Allocation expected for 2017-18 £19,880

- **In 2017/18 we will be using the funding to:**
- Participate in the Bucks Sports Partnership.
- Introduce the Real PE programme for a full school roll pout in 2018-19.
- Train P.E. Subject Leader using the Real P.E. training programme.
- Introduce the new Real P.E. assessment framework for continued development of P.E. and Games assessment.
- Professionally develop staff through team teaching opportunities with expert practitioners – dance, gymnastics, rugby, football and swimming
- Train staff in specialist and comprehensive P.E. first aid training.
- Maintain and purchase specialist P.E. equipment and general play and leisure equipment.
- Allow access to the school outdoor gym to all children before, during and after school.
- Pay overtime for teaching assistants to run clubs.
- Access competitions through different sports and for a variety if students and year groups, including inter-house and inter-school
- Promote health, wellbeing and fitness through various schemes including Fit in 5. Including allowing families to access the walk before school.
- Provide year round access of the Fit in 5 track by building an all-weather path.

- Look to increase parental engagement through healthy living schemes. (TBC)
- Providing PE kit for all children.

The school will continue to commit to:

- engage and enthuse pupils to participate in high quality, meaningful school competition, supporting them in achieving their personal best in school and life.
- continue to provide access to a range of opportunities for pupils to take part in competitive and non-competitive sports inside and outside of school.
- continue to provide transportation to sporting events when possible.
- continue to provide opportunities for pupils to develop leadership skills and aspects of citizenship through volunteer roles as sports leaders. Sports Leaders support and implement playtime initiatives to support physical activities and play for all students.
- work with the Bucks Sports Partnership to enhance a range of opportunities for the pupils, including before and after school clubs.
- Support from experienced sports professionals in enhancing the sports curriculum throughout the school.
- promote a healthy attitude towards being physically active.
- increase physical activity levels in less active children
- provide opportunities for young people with limited mobility the opportunity to take part in a variety of sports.
- purchase new and exciting sports equipment to engage all students across the school.
- enhance teaching through specialist staff training provision:
 - Links with local sports clubs to identify how to support G&T students and to encourage children to attend sports clubs outside of school.
 - Key staff to continue to develop Sports and P.E. knowledge by attending sports training days.
 - Staff training twilight session based on games and executing a whole class game.
 - One – to – One work with teachers from each year band over the course of the year to build skills and knowledge.
 - Change 4 Life training for support staff.
 - Change 4 Life club - focusing on active participation from Year 3 and Year 4 students.
 - School Games day to be held for some KS2 year groups at Burnham Grammar.
 - After school clubs -football, netball, athletics.
 - Sixth Form leaders from Burnham Grammar School to support teachers with implementing sports.
 - Cycling skills for Y6.

Conclusion of 2016-2017

Measuring Impact:

Within the last year we have ensured effective use of funding in the following ways and will commit to continuation of this in the forthcoming year.

- We have continuation of internal competitions from 1 a year, to 6 competitions a year - one each half term for all children to participate in.
- We have participated in external competitions across a number of sports.
- We have a Change 4 Life Club - focusing on Year 3 and Year 4 children to promote a love for an active and healthy lifestyle.

- We measure student involvement in extracurricular clubs and funding clubs to allow access to a variety of sports to all children.
- We are involved in a variety of alternative sports, to allow all children to participate in sports. For example we hold Boccia competitions and enter 'Alternative Sports Festivals' which allows access to all children to participate and compete in sports.
- We have a Sports Council for children to be involved in leading sports opportunities, attending leadership training, supporting playtime initiatives and supporting the Healthy School Council.
- We monitor children's ability to successfully swim a minimum of 25m before the end of Year 5.
- Training for pupil play leaders has increased participation of games during lunchtimes.
- We have introduced a lunch time skipping league which has engaged many children across the school and maintained the level of a healthy competitive spirit.
- We use pupil questionnaires to gain feedback from pupils.
- Planning has been developed across the school to fully encompass all aspects of playing a sport as well as personal fitness development.
- We record and compare competitions and evaluate impact on individual children as well as the school as a whole.
- Students attend swimming lessons in Year 3, 4 and 5. The school monitors swimming attendance, G&T swimmers and identifies whether or not children can swim 25m.
- Children are assessed against the National Curriculum by all teachers to monitor improvement and development in all areas of P.E and Games.
- We have increased sports day sessions to increase participation.
- We are trialling additional daily activity to increase fitness levels of all children.

KEY ISSUE/FOCUS FOR DEVELOPMENT: PE

Our priorities are:

- To develop the Real PE Curriculum
- To evaluate the Sports Trust value for money
- To be fully inclusive for all children.
- To continue to develop competition within and out of school, to involve students in all areas of organisation of sport.

To promote a positive, healthy and active lifestyle.

Strategy	Outcomes and success criteria	Owner	Milestones	Impact	Review date	Total cost
Join Sports Trust	<ul style="list-style-type: none"> - Sports Trust joined. 	JW, RS	Sept 17 - July 18	<p>July 17 - Sports Partnership joined, Premium Package.</p> <p>Sept 17 - RS attended PE Coord meeting. Meeting updated PE funding. PE and Sport Premium and Health Wheel to show current impact of funding and its impact.</p> <p>Sept 17 - Met with Rachel from Alfriston to discuss role.</p> <p>Jan 18 - Meeting with Rachel, funding and sport week.</p>	July 18	£5500
Evaluate Sports Trust	<ul style="list-style-type: none"> - Compare costs versus amount of support received. - Research alternatives. 	RS	July 18	<p>Sept 17 - RS received contract and attended initial meeting. Focus to ensure the cost effectiveness of the Sports Partnership.</p> <p>Oct 17 - received teaching support, Tina Leahy on Thurs PMs. Ryan to timetable PE to enable all classes to receive that support.</p> <p>Year 1 and 4 - Spring</p> <p>Year 2 and 6 - Summer</p>	July 18	£0
PE and Sport Premium and Health Wheel	<ul style="list-style-type: none"> - Use of Wheel as a baseline pre-funding increase - Use throughout yr to monitor curriculum 	RS, JW	Termly updates	<p>Sept 17 - Initial baseline completed identifying targets for the upcoming year.</p> <p>Dec 17 - A2 update with evidence added</p>	Dec 18	£0
Cover for staff - PE courses and training	<ul style="list-style-type: none"> - Courses attended - Allow PE coordinator to attend training, develop PE curriculum understanding and share 	RS and all staff	<p>Sept 17 - July 18</p> <p>Updates given to staff at</p>	Sept 17 - RS attended PE Coordinator meeting. Reported back to JW.	July 18	£500

	important information - Allow other staff to develop their understanding of the PE curriculum.		meetings.			
Maintain variety of inter-house competitions.	Sports Day Rounders, Netball, Football, Boccia tournaments?	RS and all staff	Sept 17 - July 18	Measure the number of children participating. This will increase the children's drive to compete and succeed in a variety of sports. Extend to other inter-house competitions. Nov 17 - Boys v Girls football match Nov 17 - Boccia match vs Lent Rise House March 18 - Girls v Boys tournament March 18 - Staff v Pupils netball tournament	July 18	£500
Inter-school competitions	- Competitions entered and their impacts. - Child questionnaires.	RS and all staff	Termly checks	This will increase the children's drive to compete and succeed in a variety of sports. Measure the number of children participating. July 17 - Boys and Girls football leagues entered. Boy's cup entered. Sept 17 - Date of different sporting competitions received. RS/ JW highlighted possible competitions. RS to contact Rachel at Sports Partnership to confirm dates. Autumn Term - Boys team played 5 games Plus Boys v Girls Match Spring term - Girls league matches completed Netball tournament, Swimming gala, Boys v Girls football	July 18	£1000
PE Assessment	- TT - Real PE assessment	All staff, RS to monitor	Half termly	Sept 17 - Data analysis showed highlighted missing data. All staff to ensure their class has Sum 2 for 2016-17. Team mtg 27/9/17	July 18	£600

				<p>for time to update.</p> <p>RS to investigate assessment scheme to help track progress.</p> <p>Better monitoring of children's progress using Target Tracker and photos.</p> <p>Better attainment across PE.</p> <p>Ensure children are self-assessing themselves and their peers.</p> <p>Real focus on assessment accuracy.</p> <p>Oct 17 - Evaluating TT statements for assessment against Key Skills in PE.</p> <p>Feb 18 - Assessment updates completed and given to staff.</p>		
Staff training in use of equipment and assessment	- Courses attended	RS	Sept 17 - July 18	<p>Better teaching of PE.</p> <p>NQT training.</p> <p>Nov 17 - NQT Training completed.</p>	July 18	£0
Sports clubs Change 4 Life	<ul style="list-style-type: none"> - Clubs running - Matches played. 	RS, RJ, EJ, AE, LR	Sept 17 - July 18	<p>Girls and Boys football club</p> <p>Netball club</p> <p>Afterschool club</p> <p>This will increase the children's drive to compete and succeed in a variety of sports.</p> <p>Rugby Club</p> <p>Cross Country club</p>	July 18	£2000
Cover for PE coordinator 1 day for staff support, training and assessment	- Courses attended	RS	Sept 17 - July 18	Coordinator monitoring to understand the curriculum and identify areas of concern whilst promoting staff understanding of assessment.	July 18	£600
Implementation of the Real PE	<ul style="list-style-type: none"> - Monitor impact. - Evaluate lessons - Child voice. 	RS	Sept 17 - July 18	RS to trial during the year in Year 3 to develop understanding of how the curriculum, lessons, assessment and progress	July 18	£1795

curriculum				<p>work. RS to attend Real PE course. Inset Day booked for 24th July 2018</p> <p>Autumn Term - Ryan has attended 2 training sessions in RealPe and realGym. Implemented in year 3.</p> <p>Real gym used across Year 3 and 4.</p>		
Present Sports funding and impact to school Governors	- Presentation to Governors.	RS	Feb 18	<p>RS to present funding, where the funds are spent and their impact on the children's development to Governors.</p> <p>Meeting attended 16/01/18 - Updates for summer term</p>	Feb 18	£0
Sports Relief/ Olympic visit	- Day completed.	RS	March 18	<p>RS to organise visit of Olympian through Sports for Champions programme. Measure the number of children participating.</p> <p>22/03/18 - Staff v Pupils netball match 23/-3/18 - Olympian visit</p>	March 18	£480
Fit in 5/ Daily Mile	<ul style="list-style-type: none"> - Teacher and pupil evaluations. - Case study. - 3S times. 	RS	Sept 17-July 18	<p>Implementation of the Fit in 5/ Daily Mile for all children. RS to monitor the impact. Possibility of being a case study for the Daily Mile.</p>	July 18	Cost of path TBC
Equipment and PE kit	- Order new equipment where required	RS	Nov 17	<p>July 17 - PE cupboard cleared and sorted Sept 17 - RS contacted all teaching staff asking to check for PP pupils PE kits. Order/ provide PE kits for all PP children to access PE.</p> <p>Nov 17 - RS ordered some new equipment and will continue to monitor.</p>	July 18	Cost TBC £570
Outside coaching to enhance PE	<ul style="list-style-type: none"> - Coaches in school for PE - Sixth Formers 	RS	Termly	<p>Sept 17 - RS to research type and availability of different sports coaches. Wycombe Wanderers FC, Reading FC, London Irish, Maidenhead Ladies FC. RS in contact with Sports Partnership to provide</p>	July 18	Cost TBC

				additional sports coaching. Oct 17 - received teaching support, Tina Leahy on Thurs PMs. Ryan to timetable PE to enable all classes to receive that support. Spring 2 - Cricket Coach Year 2 and 3.		
Pupil and teacher voice	- Identify a base line, end of year and Real PE implementation understanding through audits.	RS and all staff	Sept 17 July 18 Sept 18 July 18	Sept/ Oct 17 - Staff to complete Survey on PE. Dec 17 - Children's Questionnaire completed	July 18	£0
PE Kite mark	- Re-gain PE kite mark	RS	July 18	Oct 17 - RS to meet Rachel from Sports Partnership to discuss Kite Mark.	July 18	£0
Healthy competition policy	- Write healthy competition policy	RS, JW	Dec 18	Oct 17 - RS to meet Rachel from Sports Partnership to discuss healthy competition policy.	July 18	£0
Total Expenditure:						£12,975

Academic

- A large amount of research and studies have looked at the impact of PE of academic achievement.
- Now a firm belief that physical health is important for academic success. This is linked with brain activity and health
- Available evidence suggests that mathematics and reading are the academic topics that are most influenced by physical activity.
- Strongly associated with higher concentration levels, self-discipline and improved behaviour.
- Improved brain function; a number of sports require team work and problem solving.
- See:
- <https://www.theguardian.com/teacher-network/2015/sep/03/fit-for-learning-what-research-says-about-the-benefits-of-sport>
- http://activelivingresearch.org/sites/default/files/ALR_Brief_ActiveEducation_Jan2015.pdf
- https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/370686/HT_briefing_layoutvFINALvii.pdf

How PE can impact other subjects

PSHCE, Wellbeing

- Improved physical health reducing risks of disease and obesity.
- Personal health, including nutrition and fitness.
- Self-discipline and personal bests.
- Social skills, team work and shared goals.
- Sense of achievement and confidence.
- Rules and regulations to follow.
- Improved mental health.
- Outlet for energy allowing increase in focus.
- Personal development and growth.
- See <https://www.cdc.gov/healthyschools/physicalactivity/facts.htm>
- http://www.getberkshireactive.org/library/client/Research/Education/20140416_Evidence%20on%20physical%20education%20and%20sport%20in%20schools.pdf